

Drumbeat



Issue 101

Tidworth, Netheravon & Bulford Community Newsletter

October 2005

65th Anniversary of the Battle of Britain commemorated at Netheravon

Two Tornado jets flew low over the Officers' Mess at Netheravon on 14th September, in salute to the brave airmen who fought 65 years ago in the Battle of Britain.

Airfield Camp at Netheravon played a significant part in both World Wars. The black and white half timbered buildings date from 1913 and the Officers' Mess bears the distinctive badge of the Royal Flying Corps, the precursor of the RAF.

The commemorative Battle of Britain lunch was attended by Air Commodore Bob McAlpine and Maj Gen The Duke of Westminster, Assistant Chief of the Defence Staff (Reserves and Cadets) and organised by the Air Support Operation Centre. The occasion was used as an opportunity to raise funds for the RAF and Army Benevolent Funds.



RUUP 2IT
Challenge & Compete against friends & other units

Events

'FOURS' 4 x 1000m
'EIGHTS' 8 x 750m
'Chain of Comd' 4 x 500m
Individual 2000m race (age grouped)

5 DIV INDOOR ROWING 2005 CHAMPIONSHIPS

Classes:
Men
Women
Mixed
Guests

Tidworth Leisure Centre
Wednesday 9 Nov 2005
Registration by 10.00hrs Prize Giving 15.00hrs



For entry forms contact your APTC staff or email mike.james101@land.mod.uk

DIRECTOR OF MUSIC



Capt. Tim Cooper
CAMS

PROMS Band Concert

25th / 26th / 27th
OCTOBER 2005

The Lucknow Band of The Prince of Wales's Division
at the

GARRISON THEATRE
LOWA ROAD, TIDWORTH, SP9 7BT

TICKET RESERVATIONS:
Monday to Friday 9.30 a.m. to 12 noon

ADMISSION: £6.50 (all seats)

GUEST CONDUCTOR

NOW IN ITS
TWENTIETH YEAR



Lieutenant-Colonel
George E. Evans
OBE, ARCM, PSM, Late RHG/O

TEL: 01980 602390

Promoter: K. J. PICKERNELL



Keep in touch while he's away ... Visit : www.drumbeat.org.uk



www.drumbeat.org.uk

www.drumbeat.org.uk

www.drumbeat.org.uk

In this Issue :

Garrison Bonfire Night

Thursday 3 November
Carter Barracks, Bulford

Tickets can be purchased from
22 Engr Regt & the Tidworth Leisure Centre
17:30 Evening begins

19:00 Bonfire lit, followed by fireworks
Transport from Tidworth will be arranged
Watch out for more details on the
Drumbeat website

www.drumbeat.org.uk

Garrison Playgroups & Crèches



There are a number of playgroups and crèches in the Garrison area sponsored by the Army Welfare Service. If you would like further details you can either contact them directly, or call Chris Nelberg on 01980 - 673379.

Crèches

Paddington, Station Road, Tidworth 602058
Fun Factory, Ordnance House, Tidworth 602398

Under 5s Groups

Noah's Ark Under 5s, The Beeches, Bulford 673479
Caterpillars Under 5s at the TLC, Tidworth 602460
Perham Down Under 5s, Perham Down 603527

Pre-Schools

St Andrew's, St Andrew's Road, Tidworth 602539
Airfield Camp Pre-School, Netheravon 678259

After School Clubs

Jammie Dodgers at the TLC, Tidworth 602019
Getaway Club, The Beeches, Bulford 673355

Day Care

The Haig All-Day Nursery, Bulford 672331

Please look on the Drumbeat Noticeboard page for details of AWS job vacancies.



Poppies Day Nursery,
Tidworth College, Tidworth 844310

Save Energy !

Keep an eye on your letterbox this month, as homes across the area will be receiving a Home Energy Efficiency Questionnaire. Simply return the completed FREEPOST form and you will be sent a short report outlining ways to cut down your fuel consumption at home.

Saving energy can also save you money : for example, just turning the heating down by one degree can save 10% of your annual heating bill !

This promotion is a joint enterprise between Kennet District Council, Tidworth Development Trust and Wiltshire Wildlife Trust.



Sustain the Plain



The "Sustain the Plain" (STP) programme is run by a **partnership of organisations** in Wiltshire with the aim of making sustainable improvements to the quality of rural life in the Salisbury Plain area, ensuring best use is made of its unique natural and cultural heritage.

The programme falls under a European Union scheme for rural development called LEADER+, which in England is managed by the Department for Environment, Food and Rural Affairs (DEFRA).

The Project Management Group which oversees the programme strategy is made up of County and District Councils, local organisations and the MOD.

The four lead partners which coordinate work in the different areas of interest are :

Community First (Community Support & Self-Help)

Great Western Enterprise Ltd
(Tourism & Small Business initiatives)

Wiltshire Wildlife Trust (Environment & Heritage)

Tidworth Development Trust (Communications)

Some of the projects which have received funding from STP :



Wiltshire Wildlife Trust can help you find out more about your environment.

Projects carried out so far include traditional hedge laying, wildflower seed collections, bumble bee surveys, making bird and bug boxes, hunting for glow worms and several guided walks led by experts to look at the unique plants and butterflies on Salisbury Plain.

To find out more or to arrange an introductory talk or workshop for your area or group, contact Nicky Warden at the Trust : Tel. 01722 - 792 015 or email nicolaw@wiltshirewildlife.org.

The Great Bustard Project

This, the second year of the project, has seen the release of 33 more birds onto the Plain.

For more information about the project, you can contact the Great Bustard Group on 07817 - 971 327



Tidworth Development Trust takes a lead part in several of the Sustain the Plain projects, many of which have featured in Drumbeat over the past few years. These include IT access and training, the Castledown Media Centre and the Tidworth Resource Centre, projects which will all help communities across the Plain.

Rural Needs Initiative - Supporting Young Families

The Grapevine, Perham Down
Tuesdays 10:15 - 12:00 Yoga Cost £4, Free child care
Tidworth Community Centre, Wylve Road, Tidworth
Wednesdays 10:00 - 12:00 "Time for You" ... each week a choice of manicure, massage or aromatherapy massage plus :
5 Oct Starting/Running your own business
Credit Union - making the most of your money
12 Oct Learning Event - Support to families in Kennet
19 Oct Volunteering - Support to families in Kennet
To find out more call RNI : 01672 - 513010 / 513084

Plain Facts ...

Did you know that Salisbury Plain has :

- 41% of the remaining chalk downland in England
- 12 of the 15 native species of bumble bee
- 2% of the country's population of barn owls
- the largest concentration of important archaeological remains in the UK

News from 2 RGJ

2nd Battalion the Royal Green Jackets (2RGJ) has returned to Wiltshire. It expects to be based in Bulford for several years to come and is looking forward to building links with the local community.



Photographs from a successful tour in Northern Ireland :

Rifleman Wesley Westbrook patrols outside Drumcree Church in Portadown, NI



< Public Order training

Soldiers from 2RGJ involved in firefighting on the ranges at Ballykinler



Whether it is adventure training, rugby, athletics, boxing, cricket or target rifle shooting, 2RGJ are keen and competitive sportsmen - Watch this space !

Army Officers run for Charity



Just eight months after recovering from an operation to remove a brain tumour, Lieutenant Richard Lowe, from 222 Sig Sqn, 3DSR based in Bulford, took part in the BUPA Great North Run in aid of Epilepsy Action. "I started having seizures a year ago and soon after was diagnosed with having a brain tumour, which was successfully removed in January this year," he said. "To be

suddenly struck down was very alarming ... and it has proved to me that it doesn't matter how fit you are, you can suffer from the condition for a number of reasons".

Richard was taking part in the race with his girlfriend, Lieutenant Sophie Brigden, AGC ETS, an Instructor at 10 AEC in Tidworth. "This is certainly a worthwhile cause and one well worth raising funds for", she said.

The money raised by Richard and Sophie will help fund vital advice and information services provided by the charity which helps more than 497,000 people every year.

Tidworth Sub Aqua Club (TIDSAC) ... Come on Down !

If you have harboured the ambition to try scuba diving, then this is your chance to realise your ambition ! Learning to scuba dive with TIDSAC is available to all Service personnel and their dependants over the age of 14 and medically fit. If you have already qualified as a scuba diver, you will find plenty of opportunities to go diving or enhance your skills. This year the Club has run diving trips to Gibraltar, Spain and the South Coast of England.



Learning to scuba dive with TIDSAC could save you a small fortune compared to local clubs and will set you up for that Maldives or Red Sea trip ! If you are running a unit EXPED and have a pre-exercise scuba diving training need then look no further than TIDSAC where you will find willing and widely experienced instructors. The Club meets on Tuesday evenings in Building 54 Delhi Barracks and runs theory and pool training on a regular basis. If you are interested or have any questions then please call Sgt John Naylor on 94322 5777 or 787 962 2214 or Maj (Retd) Phil Gill on 94342 2600 for further details.

6BN REME ... on wheels !



Corporals Mark Bevan and Wayne Ellerington have completed the 76 miles from Bristol to Reading, riding on unicycles. They are still collecting, but reckon to have raised in the region of £500 for Children in Need.

Captain George Vosper led a team of 6 cyclists on

the 1000-mile journey from John o'Groats to Lands End this Summer, raising £4000 for Macmillan Cancer Relief.



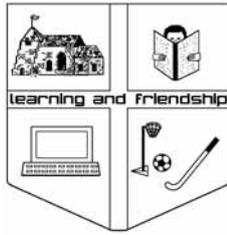
Of local interest ...

News from Bulford C E School

The Bishop of Ramsbury was the guest of honour at the official opening of Bulford CE School, with its new status of "Voluntary Aided", indicating that links with the church have been strengthened.

The school is now looking to recruit Foundation Governors to reflect the new status of the school. If anyone is interested, please get in touch with the Headteacher, Mrs Marilyn Brindley, telephone 01980 - 632309.

Anyone wishing to find out more about the school can now log on to the new website which can be found at www.bulfordceschool.com



10th October is World Mental Health Day ...

"Men Behaving Sadly"

Stress is something that we all encounter. It is widely accepted that many people are likely to experience stress in response to life changes such as moving house, getting married or coping with bereavement.

A degree of stress is also vital in order to perform effectively and get going. This is especially relevant to the Army population who are at times exposed to frightening and dangerous circumstances on operations.

Stress means different things to different people. A situation which is intolerable to one person may prove stimulating to another. The degree of stress we feel is determined not only by events and changes in the outside world, but in the way that we perceive the situation and respond to it. The important thing is that we can learn to recognise our own responses to stress and develop skills to deal with it.

Whilst stress and depression are not directly related, enduring stress and hardship may lead to depression.

Depression is an illness that affects both men and women. However, men are less likely to request help given the traditional view of being tough and self-reliant. Instead of talking about how they feel, men attempt to make themselves feel better often by drinking more or simply ignoring the problem.

It is vital that stigma associated with mental health problems is reduced in order to maximise numbers of personnel fit for task. If people do not feel able to ask for help, problems will be concealed and often escalate in severity, resulting in inefficiency and disharmony, both at home and in the workplace. Often all people require is some assistance to look at their difficulties in another way. This in itself may result in a change towards more positive thinking and improved mood.

In addition, in order to achieve and maintain sound mental health it is vital to keep physically fit via regular exercise, prioritising time to relax, having sufficient sleep and eating a healthy diet. Communication is also very important in order to minimise stress both within personal relationships and in the occupational environment. Alcohol is never helpful. Contrary to popular belief that its use aids relaxation, alcohol results in lowering of mood and disturbs sleep. It is also a very powerful method of exacerbating problems, often leading to domestic violence, deliberate self harm, demotion and imprisonment.

The Department of Community Mental Health is based in Tidworth. Its primary aim is to ensure that personnel are mentally, psychologically and emotionally fit for task. In order to achieve this the team, comprising of specialist mental health workers, provides a treatment and advice service to serving personnel and Commanders. Unfortunately, the service cannot be accessed by dependents.

It is worthy to note that stress and depression is not rank related and can affect each and every one of us. It is therefore the responsibility of Commanders at all levels to ensure that the mental and psychological health of their colleagues and subordinates is treated with the same level of sensitivity as any form of physical injury.

For further information please contact your UMO.

Kennet Black Box Recycling Service extended ...

During the fortnight beginning 3rd October, Kennet District Council will be extending its black box multi-material kerbside collection service. For residents in Tidworth, this will mean a change of collection day.

All residents will receive a leaflet through the post detailing when their new collection day is and reminding them what can be put into their black recycling box.

If you require additional information, please contact Mary Treneer at Kennet District Council on 01380 - 734784 or email mary.treeneer@kennet.gov.uk

Making things happen ...

Tidworth Community Area Partnership (TCAP) has produced a Strategic Action Plan which will take forward the ideas in the Community Plan produced in December 2003, following consultation with the local community.

Colonel Carron Snagge, the Chairman of TCAP says :

"The Strategic Action Plan is a great opportunity to implement the aspirations that were set out in our Community Plan ... This is a really useful document that gives everyone a meaningful agenda to follow over the next few years. With the necessary support, this plan will allow us to produce tangible benefits for all the residents of our community".

The Tidworth Community Area covers the parishes of Chute, Chute Forest, Collingbourne Ducis, Collingbourne Kingston, Everleigh, Ludgershall, Tidcombe, Fosbury and the town of Tidworth (including Perham Down).

To view the Plans online, follow the links from the "Local Interest" section of the Drumbeat website : www.drumbeat.org.uk

Do you know anyone who needs a FREE Smoke Alarm ?

- Elderly (over 60)
- Disabled
- Lone Parents
- Low Income Families
- Single Adult living alone
- Anyone living in remote villages or parishes

Wiltshire Fire Brigade will supply and fit, free of charge, a new 10 year battery operated smoke alarm in your home.

Call : 0800 - 389 7849

Email : community.safety@wiltshire.gov.uk

Write : Brigade Headquarters, Manor House, Potterne, Devizes, Wiltshire SN10 5PP

Major Susie Hines
OC Mental Health Team, QEM Health Centre

Secretary of State urges Service Personnel to Register to Vote

Armed Forces personnel and their families are being urged to register to vote by the Secretary of State for Defence, John Reid MP. Launching the MOD's campaign last month, he said :

"We ask a lot from our Armed Forces, and often in the name of democracy. It is our duty to encourage and enable our Service men and women to vote, after all this is a right they work hard to secure for others around the world."

The Electoral Commission has produced an easy-to-follow booklet called 'Register to Vote', containing a Service registration form and explaining the different registration routes open to Armed Forces personnel. It is being delivered to all units and HIVEs.



Armed Forces personnel have a choice in the way they register to vote, depending on their personal circumstances :

Those based in the UK and unlikely to be posted overseas in the next year may choose to register as a civilian elector, by filling in and returning the annual canvass form that is delivered to every household between September and October;

Those based abroad, or with the possibility of being posted abroad, should consider registering as a Service voter. This gives personnel more flexibility because it allows them to remain registered at an address in the UK, even if they move abroad as short notice.

As readers of Drumbeat found out last month, you can't vote in elections unless you are on the Register of Electors. The Register is also one of the most important checks for credit referencing.

Blue Light Day 2005



Watched by visitors to Blue Light Day, held this year at the Tidworth Leisure Centre, 721 Sqn EOD RLC demonstrated how the remote-controlled "wheelbarrow" can easily open a car door to search inside a vehicle for a suspect package or explosive device.

News from the MDP



Recent crime analysis has shown that thieves are targeting unattended vehicles parked on MOD property in the Wiltshire area, so Ministry of Defence Police are urging motorists to take a few sensible precautions to protect their property from thieves when they park on Salisbury Plain.

"Never leave anything on display when you park your vehicle", Sgt Mark Venning from the Salisbury Plain Station said. "Even an old coat or a plastic bag can tempt a thief".

Sgt Venning also warned people against riding or driving a motor vehicle on Salisbury Plain that does not comply with Road Traffic legislation. "Although private property, Military Lands byelaws are constantly in force", he said. "The MDP regularly issue fixed penalty notices or report for magistrates court summons".

MDP also have the power to seize any vehicle contravening byelaws as forfeit to the Crown. "The use of go-peds and mini motorcycles are defined as mechanically propelled vehicles. Ministry of Defence policy is that such vehicles will not be used on MOD land, including married quarter areas", he added.

For further information call the MDP on 01980 - 603099

Tidworth 10k ... & 3k Fun Run Sunday 16 October 2005

**Starts at 10:00 from the
Lucknow/Mooltan Sports Field**

The Main Race is open to all runners / walkers

The Fun Run is open to all runners, walkers, parents with children, pushchairs and toddlers

Entry & Sponsorship forms :

call Hannah or Dave on 01722 - 429005

Closing date for entries : 13 October 2005

Prizes will be awarded in both categories, including the highest sponsorship raised for each race.

... and a FREE T-shirt for all finishers !

This is a fundraising event organised by 1 Mech Bde HQ & Sig Sqn (215) on behalf of Share, Salisbury District Hospital's charity, to raise funds for the Pembroke Cancer Unit



Commander 1 Mech Bde visits 1RHA in Cyprus



Brigadier Richard Toomey visited 1RHA during their UN Tour in Cyprus last month, and is pictured here being briefed on the ground by CO 1 RHA, Lt Col N Marshall OBE RHA



Drumbeat Noticeboard



B F B S Forces Radio
Radio requests call : 08701 20 21 21
 (calls are charged at the national rate)
Email : requests@bfbs.com
 For overseas commands and
 N. Ireland visit www.bfbs.com and
 go to the "Dedications" page.

Live Radio Link with Iraq
 Garrison Radio & BFBS Middle East
 Every Friday 10:00 - 10:30
 Tune in to 1287 am medium wave

Garrison Radio
 Broadcasting to TNB Garrison
 1287 am medium wave
Call 01980 - 602277 or Email :
tidworthbulford@garrisonradio.com

Tennis Coaching
 Children and adults
 Details from TLC Reception or call
 Sarah Rutherford on 01980 - 842411

TLC 5th Birthday Celebrations
Saturday 8 October 11:00 - 16:00
 Taster sessions in all sports at TLC
 Open Day in all departments
 Fairground rides, Bouncy Castle,
 Fancy Dress competition (under 10s)
 Dog obedience competition
 Craft stalls, displays, refreshments
Everyone Welcome

Tidworth Residents' Forum
Monday 17 October 2005
 Wylve Road Community Centre
 Come and hear the latest news about
 projects which will affect the future
 of Tidworth

Tidworth Youth Centre
 Tues, Wed & Thurs 18:30 - 21:00
 St Andrew's Hall opposite the Oval
 Call Sarah Fanshawe : 01980 - 842748

SSAFA / Forces Help
 Call 01980 - 670540 or 01980 - 670345

Picton Bks Launderette
 The cheapest Service Wash for miles!
 Open 08:30 - 18:00 Mon, Wed & Thu
 Friday 08:30 - 17:00
 Call 01980 - 673210

Tidworth Saddle Club
 Lessons for all standards
 Lunging, long lining, hacks & events
 All ages - Come & have fun!
 Call Mrs Lewis 07899 - 687 466

AWS Job Vacancies
 Bank/casual staff for
 childcare facilities in the Garrison
 Call Chris on 01980 - 673379

Emergency Numbers :
 MDP : 01980 - 60 3099
 RMP : 01980 - 67 2251 & 67 2334
 Tidworth Police Station
 09:00 - 17:00 : 01980 - 842 303
 Devizes HQ : 01380 - 722 341
 Police Emergency : 999 or 112
 Crimestoppers : 0800 - 555111

Tidworth Leisure Centre
Centre Opening Times
 Monday - Friday 09:00 - 21:00
 Saturdays 08:00 - 19:00
 Sundays 08:00 - 21:00
Telephone : 01980 - 847 140
General Manager : 602030
Outside Pitch Bookings : 603416

Library Opening Times :
 Mon 14:00 - 17:00
 Tues & Thurs 14:00 - 19:00
 Wed & Fri 10:00 - 17:00
 Sat 10:00 - 13:00
 Call: 01980 - 843460 or 602568

Oasis Café Opening Times :
 Mon - Thurs 10:00 - 19:00
 Fri - Sun 10:00 - 17:00

HIVE Opening Times :
 Mon - Fri 09:00 - 15:00
 Call Kelly Wilson : 01980 - 602224

Caterpillars Under 5s : 602460
JD After School Club : 602019

Tweenies Parent & Toddlers :
 Thursdays 9:30 - 11:30 Call 601501

Purity Beauty Salon :
 Mon - Sat 9:00 - 20:00
 Call Yvonne on 07958 - 911 928

Physiotherapy & Sports Injuries :
 For appointments, call in or phone
 Physiotherapy : 07768 - 737646
 Sports Therapy : 07796 - 230 571

Tidworth Junior Youth Club
 AWS Hall at the TLC Tues 18:00-20:00
 Restarts 20 Sept Call Jimi on 602191

Tidworth Thrift Shop
 Every Monday 9:00 - 14:45
 Behind the Zouch Spar/Naafi
 Call Florence Foakes 07808 - 125 724

Clarendon & Tidworth Garrison Football Club
 Interested in joining ? We're always
 ready to welcome new members.
 Girls & Boys ages 8 - 13
 Meet : Marlborough pitches in
 Bulford & the Lucknow (Esso)
 pitches in Tidworth
 More details from W02 John Kuzera
 on 01980 - 847791 or 07730 - 579625

Jo Jingles
 Music for children 6 mths - 5 yrs.
 Mondays 9:40 - 10:25 at the TLC
 Call Becky Ewins 01980 - 62652

Ordnance House, Tidworth
Fun Factory Crèche : Call 602398
Holistic Therapist : 9:30 - 12:30
 Call in or phone 07717 - 510 862
Vacancy for a Hairdresser
Call Claire Davies : 01980 - 602398

The Haig Centre, Bulford
Day Care Nursery Call 672331
Parents & Toddlers Call 672700
Getaway After School Club
 Ages 5-13 15:00-18:00 Call 673355
Bulford Thrift Shop
 Term Time Thursdays 9:30 - 13:00

Volunteers needed
Bulford Youth Club Call 672105
 Tuesdays 18:00 - 20:00 9 - 12s
 Thursdays 17:00 - 18:45 5 - 8s
1st Bulford (Kiwi) Scout Group
 Call Arthur Kendrew 597341
 Beavers Thursdays 18:00 - 19:30
 Cubs Wednesdays 18:00 - 20:00
 Scouts Fridays 19:00 - 21:00

Ladies' Courses at 10 AEC
 Call Arlene on 01980 - 602743

The Beeches Families Centre, Bulford
Call Michelle : 01980 - 672342
JJ's Beauty Salon
 Call Jo on 01980 - 597 679
Hairdresser : Curl up and Dye
 Call Lisa on 01980 - 590 020
Noah's Ark Under 5s
 Call Denise on 01980 - 673479
Little Rascals Parent & Toddler
 Tues & Thurs 10:30 - 12:00
 Call Mandy Budding 01980-638772
Play Session for 2-4 yr olds
 Term Time Tuesdays 13:00 - 14:30
 Call Ines on 07900-276120
Café: Wanted! Someone to run the café : a great opportunity for a budding entrepreneur !
 The Beeches is available for hire for functions & children's parties.

Bulford Library
 Ward Barracks, Bulford Camp
 Mon - Thurs 09:00 - 16:30
 Fri 09:00 - 12:30

Bulford HIVE
 7 Kandy Road, Bulford Camp
 Open Mon - Fri 9:30 - 13:30
 Call Jackie Bird on 01980 - 672109

Stay with the beat !

Deadline for November 05 issue : 10 October 2005
Drumbeat, 10 AEC, Candahar Barracks, Tidworth, SP9 7AY
Call Rosemary Meeke on 01980 - 602980
or email : drumbeat_tidworth@hotmail.com
Website : www.drumbeat.org.uk

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