

Drumbeat



Issue 230 Tidworth, Netheravon & Bulford Community Newsletter Jan / Feb 2017

What's on in the Garrison area :

- **Thurs 26 January 12:30 - 20:00**

Larkspace Open Day at the Sharp Hall, Larkhill.

- **Sun 5 February 11:00 - 15:00**

Wedding Fair at the Guildhall, Salisbury. Free entry

- **Sun 19 February Starts 12:00**

Combined Services Point-to-Point at Larkhill Racecourse. Trade stands etc - everyone welcome

- **Wed 22 February 19:30**

Banff Mountain Film Festival (1) - a series of films enjoyed by anyone with a spirit of adventure and a love of travel. City Hall, Salisbury Tickets : www.banff-uk.com

- **Wed 15 March 10:00 - 15:00**

Job Fair at the Tidworth Garrison Theatre SP9 7EP, organised by HQ South West. Over 45 regional and national employers and agencies looking to recruit Service Leavers, Veterans and spouses.

- **Fri 31 March 19:30**

Banff Mountain Film Festival - a second series of films enjoyed by anyone with a spirit of adventure and a love of travel. City Hall, Salisbury Tickets : www.banff-uk.com

- **24 - 28 May**

The Forces March - 134 miles following the route of a WW2 training march. www.forcesmarch.org.uk

- **Sat 24 June**

Armed Forces Day

www.armedforcesday.org.uk

- **Sat 8 July**

Rundle Cup Day, Tedworth Park

- **Sat 8 July**

RNAS Yeovilton Air Day 2017

- **Wed 10 May**

Garrison Soapbox Derby

- **27 & 28 September**

Early Early Christmas Fair in aid of ABF The Soldiers' Charity

- **Oct/Nov**

Tidworth 10K & 3K Fun Run in aid of the Salisbury Hospital Stars Appeal

- **Thurs 2 November**

Garrison Bonfire Night

Prince Harry visits Tedworth House

HRH Prince Harry visited Tedworth House on Monday 23rd January, to find out more about the Help for Heroes 'Hidden Wounds' service and the range of support available within the field of military mental health.

This was the Prince's third visit to Tedworth House and he was welcomed on arrival by Sarah Troughton, Lord Lieutenant of Wiltshire, Melanie Waters, the new CEO of Help for Heroes, and David Richmond, the Director of Recovery for the charity.



During the Prince's visit, he also saw some of the wider programmes available at Tedworth House, designed to promote wellbeing. Out in the grounds of the Recovery Centre he met some members of 'Team Roundhouse'

who have been building a replica iron-age house in the woodland. When completed, it will be used for relaxation workshops, craft activities and outdoor cooking. The Prince chatted with members of the team who are making furniture for the roundhouse from trees felled in the woods and doors for it with wood from the 200-year old cedar tree which used to grow at the front of Tedworth House.



One member of the team is ex-Rifleman Mike Day who is helping to carve designs onto the woodwork of the roundhouse. He described what the project has meant for him :

"It's been massively important - a beacon for me. I come here once a month and it's about the only social thing that I do, due to my injuries. It's been

life-changing. We've made something here - all the people that are involved in it are injured in some way, be it mental health or physical health, all through injuries sustained while on active service."

The Prince also visited Tedworth House's thriving fruit and vegetable garden. These two projects give the people taking part in them the opportunity to work outdoors and to be creative while learning new skills, providing a sense of achievement and camaraderie and the feeling of being part of something again.

The 'Hidden Wounds' psychological wellbeing service provides free and confidential support to Ex-Service Personnel, their families and the families of those still serving, who are living with anxiety, depression, stress, anger or early stage alcohol issues. The service has helped 1,000 people since it began.

Happy New Year to all Drumbeat Readers!

Drumbeat Website : www.drumbeat.org.uk • Facebook Page : Drumbeat Rosemary Meeke

A Royal Visit to 5 RIFLES

HRH The Countess of Wessex visited 5 RIFLES in Bulford on 11th January. This was her first visit to them since their move here from Germany last year.



The Countess, who is Royal Colonel of the Regiment, received a Regimental update from the Commanding Officer, Lt Col Mark Wilson, and viewed the



latest equipment used by 5 RIFLES before opening the newly refurbished Corporal's Mess where she had the opportunity to meet Officers, Riflemen and their families.

Have you been to see this yet ?



Constable in Context : 'Salisbury Cathedral from the Meadows' was painted by John Constable in 1831 and is one of the masterpieces of British art. Purchased for the nation in 2013, this magnificent painting can be seen at Salisbury Museum until 25th March.

The painting is displayed alongside other depictions of the cathedral from the 17th to the 21st century, showing how Constable's style differed from previous artists and influenced those who followed him.

Ashdown Estate news



The first tranche of hundreds of new Service family homes being built in Tidworth has been completed. A total of 322 homes are being delivered by the Defence Infrastructure Organisation (DIO) working with contractor Hills, as part of the Army Basing Programme.

The £73 million project at the Ashdown Estate is ahead of schedule with 35 properties now finished. The remaining 287 homes, still under construction, will be completed during 2017, with the final homes ready for occupancy by Service families in March 2018.



Garrison Units take part in Logistics Exercise



The Mercian Regiment and the Royal Tank Regiment have taken part in a logistics exercise to test the Army's ability, should the need arise, to deploy heavy armour to Continental Europe through the Channel Tunnel, in support of NATO's Rapid Reaction Force.

The Warrior Infantry Fighting Vehicle and the Challenger 2 Main Battle Tank were among five vehicles used on the exercise.



9-Seater Minibus for Hire

The 2 MI (Exp) Bn Welfare Minibus is available for serving soldiers and their dependants to hire, for a small charge of £35 per day, plus the cost of fuel. The bus can be utilised for all types of personal trips, including the transportation of friends and family.

For details, please get in touch with Mrs Kerry Fry at the 2 MI Welfare Office in Upavon :

Tel. (Civ) 01980 - 615 170 (Mil) 94344 5170
Email 2MI-HQCOY-WELFARE-CLK@MOD.UK

Unit Coffee Mornings Come along for a coffee and a chat !

KRH

KRH Welfare Office - Every Wednesday, 10:00 - 12:00

RTR

RTR Welfare Office, Aliwal Bks - Every Mon, Tues & Thurs, 10:00 - 12:00 Bring a friend!

6 CS Bn REME - 4 CS Bn REME - 5 FS Bn REME

Ordnance House - Every Tuesday morning, 10:00 - 12:00

RHA

St Andrew's Hall, Tidworth - Every first Monday and second Friday of the month, 9:30 - 12:00

19 Regt RA (The Scottish Gunners)

Sharp Hall Larkhill - Every Wednesday, 9:30 - 12:00
Larkhill Garrison coffee morning - Everyone is welcome

1 R WELSH

Unit Welfare House Lucknow Lodge - Every Thursday, 9:30 - 12:00

1 RRF

UWO Mooltan Lodge - Every Wednesday, 10:00 - 12:00

22 & 26 Engr Regt

Perham Down Community Centre, 9:30 - 11:30

Tues & Thurs : Coffee Mornings

Mon & Fri : Mums & Tots

Everyone in Perham Down is welcome

3 DSR

The Beeches, Bulford - Every Wednesday, 10:00 - 12:00

19 Tk Tptr Sqn

The Beeches, Bulford - Every Wednesday, 10:00 - 12:00

4 MI Bn

The Beeches, Bulford - Every Wednesday, 10:00 - 12:00

1 MERCIAN

The Beeches, Bulford - Every Tuesday, 10:00 - 12:00

5 RIFLES

The Beeches Community Café Bulford - Every Thursday 10:00 - 12:00

2 MI Bn

Upavon Station Community Centre
Tuesdays 13:00 - 15:15 and Fridays 09:30 - 12:00

Please contact your UWO for any further details

What's on at Larkspace, Larkhill

Mon : 09:15 - 10:15 Mums Get Fit (child friendly class)

Tues : 09:00 Soft Play at the Space Station

10:00 Tea, Toast & Talk at Larkspace

19:00 - 20:00 Cardio Combat Training class

Thurs : 09:30 - 11:00 Larkhill Tots at Community Centre

19:00 - 21:00 Senior Youth Club for Over 14s

Tues 14 Feb : 10:00 - 15:00 for ages 7-11
Ukulele workshop, circus skills, art & craft

Wed 15 Feb : Larkhill Garrison coffee morning (see above)

Thurs 16 Feb : 11:00 for 14+ Chillax space with food & vibe
Check details with UWO at Sharp Hall

KRH to the rescue



The expertise gained during flood defence training provided by the Environment Agency in Ex WESSEX TEAL in Bulford at the end of last year was called upon in January when the weather forecasters identified the possibility of potential flooding on the East coast.

Accordingly, troops from The King's Royal Hussars deployed at short notice to Norfolk to work alongside the Norfolk Constabulary in Hemsby and Great Yarmouth.

Pictured here are Lt Col James Porter (CO KRH) with Inspector Donald Dallas (Norfolk Police) and Sqn Ldr Steve Turner (OC 25qn RAF Regt).

Luckily, high water passed without incident, but the KRH were happy to help ensure the safety of local residents.



Raising money for SSAFA



Beavers, Wolf Cubs and Scouts from the 5th Wiltshire Baden-Powell Scout Group based in Ludgershall have presented a cheque for £600 to the Salisbury Plain In-Service branch of SSAFA. The money was raised in a sponsored hike undertaken by the Scouts to mark the 100th anniversary of the start of the Battle of the Somme.

"With our Group being based in the heart of a military area, our youngsters were keen to do something to help today's Service family as part of the commemorations of the Battle of the Somme. From our youngest Beavers to oldest Scouts they did their best to collect sponsors and raise as much as they could and the £600 raised for SSAFA is a fantastic effort by them all" said Colin Stevens, B-PSA Area Commissioner for Wiltshire and Dorset.

First Fusiliers in the Falklands



Members of X Company of the First Fusiliers have been out in the Falklands for a 3-month tour of duty as the Falkland Islands Resident Infantry Company.

The National Army Museum

Following its £23.75 million re-development, the new-look National Army Museum will be opening its doors to the public on 30 March 2017, featuring five new state-of-the-art thematic galleries called : **Soldier, Army, Battle, Society and Insight**, telling the story of the British Army from the 17th century up to the present day.

Royal Hospital Road, Chelsea, London SW3 4HT

Courses in the New Year :

English & Maths Functional Skills Courses
at Bulford Community Learning Centre
Monday - Friday 10:00 - 13:30

English : 20 Feb - 3 Mar 27 Mar - 7 Apr

Maths : 23 Jan - 10 Feb 2017 6 - 24 March

For more details, call Claire on 01980 - 672 981

Email : bulford-clc@hotmail.co.uk

A Day out for Bulford Pupils

Pupils from Bulford St Leonard's Primary School spent the day at SeaCity in Southampton recently, as part of their Titanic project.

The Year 5 and 6 students were able to experience what life was like on the board the ill-fated ship by dressing up as passengers before taking part in some interesting "Titanic-themed" activities and touring the museum.



"The museum was very hands-on and the children enjoyed exploring the exhibits," said Karen Jeffery, Year 5/6 teacher.

Helen Mathieson, CEO of Salisbury Plain Academies of which Bulford St Leonard's is a part, said: "It's very important for children to experience the world beyond the classroom - where learning really comes to life. These sorts of experiences help to improve academic achievement and the personal, social and emotional development of our pupils."

Home Security Advice

Following a series of burglaries and attempted burglaries in this area, the Police have provided the following home security advice :



- Keep all doors locked even when you are in the house to prevent people walking in without you knowing. Double check they are locked at night.
- Fit doors with mortice locks.
- All windows should be fitted with locks, except those designated as fire escapes, and remember to use them - especially for windows on the ground floor.
- Keep valuable items out of view and mark them with a property marking system.
- Never leave a spare key in a plant pot or letter box, a thief will know where to look.
- Secure the rear of your property. Make sure you have good lighting around your property and consider investing in a burglar alarm.
- Keep car keys out of sight.
- Lock tools and ladders away so thieves can't use them to break in.
- Make sure you have up-to-date contents insurance.
- Do not keep large amounts of cash at home - it is much safer in a bank or building society.
- Don't keep valuable items on display and always keep purses and wallets hidden away.
- Never keep PIN numbers with credit or debit cards.
- Make sure any hedging at the front of your property is no higher than one metre. This will allow you and people passing by to see anyone acting suspiciously.
- Take photographs of all jewellery, including hallmarks, and keep them safe. Do not leave valuable jewellery in a box on your dressing table as it's the first place a thief will look. Choose another container and another place in the house.
- Make a list of the serial number of your electronic items and keep it safe.
- If you are going on holiday - Inform trusted friends / neighbours and ask them to keep an eye on your property and collect your post. Consider purchasing timers for your lights as signs of occupation to help deter thieves. Remember to cancel deliveries such as newspapers and milk.
- Be vigilant and if you see anyone acting suspiciously, take their description and details of any vehicle registration, including direction of travel. Call the police on 101, or 999 if they are about to break into a property.
- Join your Neighbourhood Watch and Community Messaging for information relevant to your area scheme <https://goo.gl/V1gJOz>

Veterans UK

War Pensions / AFCS Advice Day with CTP

Thursdays : 23 February, 30 March, 27 April

at

The Regional Resettlement Centre
Jellalabad Barracks, Tidworth SP9 7BQ

No appointment necessary.

09:30 - 12:30 First come first served

Can you claim a War Pension?

Do you need help or advice?

Free and confidential help is available.

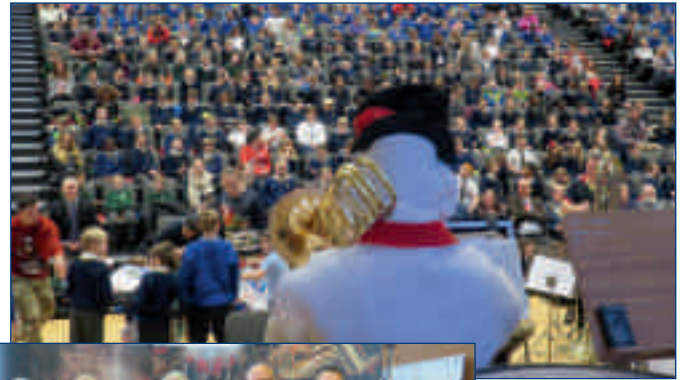
Please contact : Karen Ruse 02392 - 702232

Fusilier awarded New Year Honour



Congratulations to FIRST FUSILIER Major Chris Head MC, who was awarded an MBE in the New Year's Honours List for his work on the Army Leadership code. Major Head was a Platoon Commander in Z Company on Op Telic 1, during which he led one of the first British platoons into Basra where he won a Military Cross. In 2013 Major Head joined Y Company to command them on operations in Helmand Province on Op Herrick 18, which is when this picture was taken. Major Head has recently been promoted to Lieutenant Colonel.

A busy time for the Band



Many thanks to the Royal Artillery Band for putting on a brilliant Christmas concert in the Tidworth Garrison Theatre for local Primary Schools,

organised by the Tidworth Community Area Partnership.

Congratulations ...



At a second Christmas concert at the Theatre, held in the evening of the same day, the Band's Director of Music, Captain Neil Skipper, took the opportunity to ask the Garrison Commander, Colonel Steve Lawton, to present Bdr Brian Corney with a Bar to his Long Service & Good Conduct medal. This is quite a rare achievement - congratulations!

2017 GARRISON
SOAPBOX DERBY

TIDWORTH GARRISON
WED 10TH MAY 2017
Entry is £40 per kart

Karts are to line up at 12:30hrs followed by inspection at 13:00hrs. The 1st Kart down the hill at 14:00hrs

THREE PRIZE WINNING CATEGORIES:
Fastest down the hill - Most Entertaining Team - Best Engineered and Unique Kart

TO ENTER CALL 0843 360 2326, 07923729279, or Tidworth@aspridistance.co.uk

Netheravon Project wins award

The Netheravon Barrow Rescue project, which saved important Bronze Age remains from destruction by burrowing badgers, has been awarded the 2016 Heritage Award at the MOD's prestigious annual Sanctuary Award ceremony. Presenting the Awards was the Minister for Defence, Veterans, Reserves and Personnel, the Rt Hon Mark Lancaster MP, who said :

"Today is all about celebrating the men and women responsible for a remarkable and diverse range of sustainability, conservation and environmental projects and initiatives delivered across the Defence estate on behalf of the MOD each year. The diversity of these brilliant projects is dazzling."



You can find a write-up of the Netheravon dig and its amazing finds in the April 2016 edition of Drumbeat.



Drumbeat Noticeboard



B F B S Salisbury Plain 106.8 FM

Broadcasting to military audiences
all over Salisbury Plain
from studios in Bulford

Breakfast Presenter: Chris Sturgess
Call : 01980 - 672424

Email : chris.sturgess@bfbs.com
Twitter @bfbsSturgess

Regional Reporter : Shirley Swain
Call : 07823-351 087 / 01980-672277
Email : shirley.swain@bfbs.com

For Radio requests & dedications,
email ops@bfbs.com or download
the new smartphone app

BFBS Worldwide Radio service on :
Sky Guide 0211, DAB digital radio
and Freesat Channel 786

**BFBS TV on Sky Guide 264,
Virgin 277 & Freesat 652**

Castledown Radio

Broadcasting to the Tidworth
Community Area on **104.7 FM**
email : studio@castledownradio.info
or call : 01264 - 841047

Local Member of Parliament

Claire Perry MP, House of
Commons, London SW1A 0AA
Please call to make appointment at
local surgery : 01380 - 729 358
claire.perry.mp@parliament.uk

Tidworth Town Council

Mon-Fri 9:30 - 13:00 at the Wylve
Road Community Centre, Tidworth.
Tel : 01980 - 847390
Drop in 10:30 - 12:30
Email : carly.lovell@btconnect.com
www.tidworthtowncouncil.gov.uk

TCAP Coordinator

Tony Pickernell, Wylve Road
Community Centre, Tidworth
01980 - 840722 / 07765 - 382678
www.tidworthcommunityarea.info

Army Welfare Service

Main Office at the new Garrison
Theatre : 01980 - 656789 (Mil. 5789)

AFF Wiltshire Coordinator

Carol Morris : 07527 - 492 783
wiltshire@aff.org.uk

www.ticketsfortroops.org.uk

For all serving Forces personnel and
those medically discharged since 2001

Aspire Defence Helpline (24/7)
0845 168 2300 or Mil 96340 2300

Defence Housing Service :

Repairs to Quarters, Furniture,
March-in/outs, Improvements
Call the **CarillionAmev Helpline** on
0800 707 6000

Allocations : Please apply online via
the Defence Intranet
Further details www.gov.uk/dio/sfa
or www.carillionamev.co.uk

Emergency Numbers :

**RMP : 01980 - 67 2251
& 67 2241**

Service Police Confidential Line :
0800 - 72 72 72

Wilts Police (non-emergency) : 101
Police Emergency : 999

Crimestoppers : 0800 - 555111
Plain Watch : 01980 - 67 47 00

Tidworth Leisure Centre

TLC Opening Times

Monday - Friday 09:00 - 21:00
Saturdays 08:00 - 17:00
Sundays 08:00 - 20:00

Telephone : 01980 - 847 140

Outside Pitch Bookings : 651 416

Tidworth Library Opening Times

Mon, Wed & Fri 10:00 - 17:00
Tues & Thurs 14:00 - 19:00
Sat 10:00 - 13:00

Call: 01980 - 843460 or 650568

Paula's Café : Mon-Sat 9:00-18:00

**Youth Activities : T2A Adventure
Sports Club and Youth Only Zone**

Also at the TLC : Counselling,
Physiotherapy & Sports Injury Clinics,
Purity Beauty Salon, Hairdressing, etc

Salisbury Plain HIVE at the TLC

Mon-Thu 8:00-4:30, Fri 8:00-15:30
Contact Margaret, Taneel &
Tracey 01980 - 650 224 www.salisburyplainhive.blogspot.com

Bulford Thrift Shop

Term Time Weds & Thurs 9:30-14:30
in the grounds of the Haig Centre
behind the Canadian Estate

TNB Garrison Early Years & Play

Sessional and all day care for 0-5s
Afterschool & holiday clubs for 4-13s
www.tnbearlyyears.org
Job vacancies inc. casual bank staff
Tel Barbara Sealey on 07436 - 070904
or email ec@tnbearlyyears.org

Local Children's Centres :

Activities for children 0-5 yrs, and
their parent/carer. Call for info :
NSPCC Ashdown Family Centre
Drummer Lane, off Station Road,
Tidworth. Call 01980 - 846164

Windmill Hill Children's Centre

Wylve Road, Tidworth SP9 7QR
Activities in Tidworth, Perham Down
and Ludgershall Call 01980 - 843 010

Bulford Children's Centre

Next to Kiwi School. Activities also
at The Beeches and in Larkhill.
Call 01980 - 632 660

Tidworth Mums at the TLC

Wed : Crafty Monkeys 10:00 - 11:30
Tues & Thurs: Soft Play 10:00 - 11:30
Fri : Play Monkeys 10:00 - 11:30
for parents & children up to 5 yrs
www.tidworthmums.co.uk

Bulford Community Learning Centre

A wide variety of courses available
For details call Claire 01980 - 672981

Tidworth Town FC

Girls & Boys - Humber Lane,
Tidworth. Tel 07872 - 565650
secretary@tidworthtownfc.co.uk
www.tidworthtownfc.co.uk

The Shipton Bellinger Rams FC

Shipton Bellinger Village Centre
[www.clubwebsite.co.uk/
shiptonbellingerramsfc](http://www.clubwebsite.co.uk/shiptonbellingerramsfc)

Durrington FC

Girls & Boys - Avon Valley College.
Trg Weds & Sats. Matches Sun
ams. Tel. 07917 - 228708 [durrington@
btinternet.com](mailto:durrington@btinternet.com)

Pewsey Rugby Club

1st & 2nd XV's and a youth section.
Contact Mick Haynes 07584 577901
mick.haynes638@mod.uk

6th Wiltshire Kiwi BPSA

Baden Powell Scouts for ages 5+
Thursdays 18:00 - 19:30 in the Cadet
Hut, Ward Barracks, Bulford.
Tel. 07788 - 244 636

Kiwi Divers

Garrison Scuba Diving Club
Every Tuesday at Bulford Pool for
training, lectures & try dives
Email kiwidiversecretary@gmail.com

Swimming Lessons

Clear Water Sports at Bulford Pool
07544 - 384604
www.clearwatersports.co.uk

Showoff Dance/Fitness/Drama

Classes for 0 - 60 yrs + [www.
showoffdance.co.uk](http://www.showoffdance.co.uk)
07792 - 016645

Tidworth (Comb Svcs) Polo Club

Courses & instruction for all levels.
Call 01980 - 846 705 or
Email info@tidworthpolo.com

Tidworth Garrison Saddle Club

Riding instruction available at
Tidworth Equitation Centre.
www.tidworthgarrisonsaddleclub.uk

Tidworth Garrison Golf Club

Discounted rates & flexible
membership for Armed Forces.
Call 01980 - 842301 for details. [www.
tidworthgolfclub.co.uk](http://www.tidworthgolfclub.co.uk)

Perham Down Youth Clubs

Tuesdays at PD Community Centre
Junior Youth Club 18:00 - 19.30
Senior Youth Club 19.30 - 21.15
Contact Jenni on 07786 - 395 067

Military Wives Choirs

Bulford : The Salisbury Plain Choir
Thursdays 7pm Kiwi School
Tidworth : The Tidworth Choir
Thursdays 7pm St Michael's Church

Stay with the beat !

Deadline for the March edition : 13 February
Drumbeat, Building 59, Jellalabad Bks, Tidworth, SP9 7BN
Call Rosemary Meeke on 01980 - 650980
Email : drumbeat_tidworth@hotmail.com
Drumbeat Website : www.drumbeat.org.uk
Drumbeat is produced by Tidworth, Netheravon & Bulford Garrison